

Tide Table

SALTSTRAUMEN (BODØ)

2026

Tides from Naustad

(Quality not evaluated)

Tide tables are for long-term planning. We recommend water level forecast at the [Se havnivå](#) website for planning within the next five days.



Kartverket

Data last updated: 26. March 2026.

Downloaded: 16. June 2026.

Preface

The table gives times and heights of high and low waters. Time is current time in Norway. It is adjusted according to daylight saving time. Heights are given in cm above Chart Datum, which is the reference level for depths in navigational charts. The table is produced by the Norwegian Mapping Authority.

Data and quality

The Norwegian Mapping Authority has close to 30 permanent tide gauges along the Norwegian coast, and one at Spitsbergen, that registers the water level continuously. The water level measurements are used to calculate the tide tables.

The coast is divided into zones that have roughly the same tidal conditions. The tide in each zone is related to the nearest permanent tide gauge, using a time lag and a conversion factor for the height. Data from the zones are marked with quality classes. The closer to a permanent tide gauge the zone is, the more accurate the data are. The zones are improved continuously.

Meteorological conditions affect the water level

In addition to tides, the water level is affected by meteorological effects, especially variations in air pressure and wind. The meteorological contribution can cause water levels to deviate more than a meter higher or lower than what the tide table says. In some cases the water level may fall below Chart Datum due to the weather effect.

A water level forecast for the next five days is available at the Se havnivå website. The forecast is provided by the Norwegian Meteorological Institute, and it is the sum of the predicted weather effect and predicted tides. If you are interested in water level information for within the next five days, we recommend that you use the water level forecast, especially in the south of Norway where the difference in height between low- and high tide is small compared to the weather effect.

Se havnivå website

The Norwegian Mapping Authority has a website which provides information on observed water level in real time, water level forecast for the next five days, tides, important vertical datums, land uplift, historical data and future sea level projections for almost all locations along the Norwegian coast:

<https://kartverket.no/en/at-sea/se-havniva>

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Tide Table

Tides from Naurstad

January 2026				February 2026				March 2026				April 2026			
Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm
1 0602 51 Th 1220 179 1841 64		16 0012 157 Fr 0627 67 1253 177 1918 72		1 0133 165 Su 0742 45 1355 190 2031 37		16 0133 157 Mo 0736 49 1348 177 2022 41		1 0029 150 Su 0635 48 1248 174 1927 32		16 0019 141 Mo 0619 53 1231 159 1909 38		1 0249 164 We 0853 28 1455 178 2127 13		16 0219 158 Th 0824 28 1424 170 2058 10	
2 0036 174 Fr 0700 49 1316 188 1943 56		17 0104 161 Sa 0713 62 1334 182 2002 64		2 0224 170 Mo 0830 40 1440 196 2117 30		17 0214 164 Tu 0817 40 1425 182 2059 32		2 0125 159 Mo 0729 39 1338 183 2014 23		17 0107 152 Tu 0710 41 1316 169 1951 26		2 0327 168 Th 0932 26 1532 178 2201 16		17 0302 165 Fr 0909 22 1508 174 2139 8	
3 0136 176 Sa 0753 48 1406 195 2038 49		18 0149 166 Su 0755 56 1412 186 2042 56		3 0309 174 Tu 0913 37 1521 199 2158 27		18 0252 169 We 0856 34 1501 186 2135 26		3 0211 166 Tu 0815 32 1421 189 2056 18		18 0150 161 We 0754 31 1357 176 2030 17		3 0401 171 Fr 1006 26 1605 176 2230 21		18 0342 168 Sa 0952 19 1550 174 2218 10	
4 0230 178 Su 0842 47 1453 201 2128 43		19 0230 169 Mo 0834 52 1447 188 2119 50		4 0350 175 We 0953 37 1600 198 2235 28		19 0329 171 Th 0933 31 1537 187 2210 23		4 0251 171 We 0855 29 1459 190 2132 18		19 0229 167 Th 0834 24 1436 181 2108 12		4 0432 171 Sa 1038 29 1636 172 2257 27		19 0421 169 Su 1034 20 1631 171 2257 16	
5 0319 179 Mo 0927 47 1537 203 2215 40		20 0308 171 Tu 0911 48 1521 190 2155 45		5 0428 175 Th 1030 39 1636 195 2311 32		20 0406 171 Fr 1010 31 1613 187 2245 24		5 0327 173 Th 0931 28 1534 188 2205 21		20 0307 170 Fr 0913 21 1514 182 2145 12		5 0501 170 Su 1108 33 1705 166 2321 33		20 0500 168 Mo 1116 24 1714 165 2336 23	
6 0405 178 Tu 1010 48 1620 203 2259 39		21 0346 172 We 0948 46 1556 190 2230 41		6 0505 173 Fr 1105 43 1710 188 2344 38		21 0442 169 Sa 1047 33 1650 184 2322 27		6 0401 173 Fr 1004 30 1606 184 2234 27		21 0344 170 Sa 0951 22 1552 180 2221 16		6 0530 168 Mo 1138 39 1734 160 2346 39		21 0541 165 Tu 1202 28 1759 157	
7 0450 176 We 1052 51 1701 200 2343 41		22 0423 171 Th 1025 46 1632 190 2307 39		7 0541 169 Sa 1140 50 1745 180		22 0521 166 Su 1126 38 1730 178		7 0433 172 Sa 1035 35 1637 178 2301 34		22 0421 168 Su 1030 26 1630 176 2258 23		7 0559 164 Tu 1209 45 1806 153		22 0019 31 We 0626 162 1255 33 1850 147	
8 0534 173 Th 1134 56 1743 194		23 0502 170 Fr 1103 47 1710 188 2345 39		8 0016 46 Su 0618 165 1217 59 1820 170		23 0001 33 Mo 0602 162 1210 45 1813 170		8 0503 169 Su 1106 42 1707 171 2327 41		23 0459 165 Mo 1111 31 1711 168 2338 31		8 0014 45 We 0630 158 1245 52 1842 144		23 0107 39 Th 0718 157 1359 36 1952 138	
9 0025 46 Fr 0619 169 1217 62 1824 186		24 0543 167 Sa 1144 50 1751 185		9 0049 55 Mo 0658 159 1258 69 1859 160		24 0046 40 Tu 0650 157 1303 53 1905 159		9 0535 165 Mo 1138 50 1739 162 2355 49		24 0541 161 Tu 1158 38 1757 158		9 0049 51 Th 0708 151 1330 58 1927 135		24 0207 47 Fr 0821 153 1514 37 2111 132	
10 0109 52 Sa 0706 164 1304 70 1909 177		25 0027 41 Su 0627 164 1230 55 1836 179		10 0127 63 Tu 0747 154 1351 78 1947 149		25 0140 49 We 0751 152 1413 61 2013 148		10 0608 159 Tu 1215 59 1814 152		25 0023 40 We 0630 155 1256 46 1854 146		10 0134 58 Fr 0757 144 1429 62 2029 126		25 0320 52 Sa 0934 151 1630 34 2235 132	
11 0154 59 Su 0759 161 1357 78 1957 168		26 0115 45 Mo 0719 160 1323 62 1929 171		11 0216 70 We 0851 150 1506 85 2053 141		26 0249 56 Th 0909 150 1545 63 2144 140		11 0028 57 We 0648 152 1301 68 1858 141		26 0119 49 Th 0733 150 1414 51 2010 136		11 0235 64 Sa 0906 138 1553 61 2157 122		26 0438 52 Su 1049 153 1739 28 2348 138	
12 0245 65 Mo 0900 159 1503 85 2055 160		27 0210 50 Tu 0821 157 1430 68 2034 163		12 0323 75 Th 1011 149 1643 84 2223 137		27 0410 59 Fr 1033 154 1716 57 2317 142		12 0113 64 Th 0742 144 1404 75 2000 131		27 0233 56 Fr 0852 148 1544 49 2146 132		12 0356 65 Su 1028 138 1723 54 2332 127		27 0549 47 Mo 1156 157 1839 21	
13 0340 70 Tu 1007 160 1618 87 2202 155		28 0316 55 We 0935 157 1553 71 2153 156		13 0443 74 Fr 1124 154 1800 76 2347 141		28 0528 55 Sa 1148 163 1829 45		13 0216 71 Fr 0859 140 1544 76 2135 126		28 0357 57 Sa 1015 152 1704 41 2310 138		13 0526 60 Mo 1143 144 1832 41		28 0049 146 Tu 0651 41 1254 161 1931 17	
14 0439 72 We 1110 164 1728 85 2311 154		29 0429 57 Th 1052 161 1720 68 2317 155		14 0554 68 Sa 1222 162 1856 65				14 0344 72 Sa 1028 142 1719 67 2315 131		29 0614 51 Su 1227 160 1909 30		14 0040 137 Tu 0639 49 1245 153 1927 28		29 0139 155 We 0743 35 1343 164 2015 15	
15 0535 71 Th 1206 170 1828 80		30 0541 56 Fr 1203 170 1836 58		15 0046 149 Su 0650 58 1308 170 1942 52				15 0514 65 Su 1138 149 1821 53		30 0115 147 Mo 0717 43 1325 168 2003 20		15 0133 148 We 0736 37 1338 162 2014 17		30 0221 161 Th 0827 31 1425 165 2053 16	
		31 0032 159 Sa 0646 51 1303 181 1939 47								31 0206 156 Tu 0809 34 1414 175 2048 14					

Heights are given in cm above Chart Datum Time is current time in Norway. It is adjusted according to daylight saving time. The transitions are marked with lines. Lunar phases: Full moon ○, new moon ●, first quarter ◐, and last quarter ◑.

Quality class 0. Data last updated: 26. March 2026. Downloaded: 16. June 2026.

N67°14.0' E14°37.0'

SALTSTRAUMEN (BODØ)



Kartverket

Tide Table

Tides from Naurstad

May 2026				June 2026				July 2026				August 2026			
Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm
1 0259 166 Fr ○ 2127 20		16 0234 161 Sa ● 2110 11		1 0340 166 Mo 1546 149 2156 33		16 0345 168 Tu 1015 23 1607 152 2221 21		1 0355 163 We 1024 38 1610 143 2212 35		16 0419 177 Th 1057 13 1648 154 2254 21		1 0441 168 Sa 1115 26 1708 151 2309 30		16 0519 184 Su 1154 15 1749 164 2353 27	
2 0333 168 Sa 1536 162 2156 25		17 0318 165 Su 0933 23 1529 163 2154 14		2 0412 165 Tu 1033 39 1620 146 2226 36		17 0431 171 We 1106 19 1657 151 2307 24		2 0427 162 Th 1059 36 1646 143 2246 35		17 0502 179 Fr 1142 11 1733 154 2337 22		2 0515 168 Su 1149 24 1744 150 2345 32		17 0556 179 Mo 1230 22 1827 161	
3 0404 169 Su 1015 33 1607 159 2223 30		18 0401 167 Mo 1021 23 1616 160 2236 19		3 0442 163 We 1107 40 1655 143 2257 38		18 0517 172 Th 1156 17 1747 148 2354 27		3 0459 161 Fr 1133 33 1723 142 2322 35		18 0544 179 Sa 1225 11 1817 153		3 0550 167 Mo 1224 24 1822 149		18 0031 35 Tu 0633 170 1305 32 1905 157	
4 0433 168 Mo 1046 36 1638 155 2249 34		19 0444 168 Tu 1109 23 1703 155 2320 24		4 0514 160 Th 1141 40 1732 140 2331 40		19 0603 172 Fr 1247 16 1837 146		4 0533 160 Sa 1208 31 1801 141 2359 36		19 0020 26 Su 0626 175 1308 15 1901 151		4 0023 34 Tu 0629 165 1303 26 1903 146		19 0110 44 We 0710 160 1341 42 1947 152	
5 0502 165 Tu 1117 40 1710 150 2316 38		20 0528 167 We 1200 24 1753 149		5 0547 157 Fr 1219 39 1812 136		20 0042 30 Sa 0651 169 1338 16 1930 143		5 0609 159 Su 1246 28 1842 139		20 0104 32 Mo 0709 168 1351 21 1948 147		5 0106 39 We 0711 160 1347 30 1950 143		20 0153 55 Th 0751 149 1420 53 2036 146	
6 0532 162 We 1150 43 1744 144 2347 43		21 0006 30 Th 0615 165 1256 25 1847 143		6 0010 42 Sa 0625 154 1301 38 1858 133		21 0133 35 Su 0741 165 1430 18 2026 140		6 0041 37 Mo 0650 158 1328 27 1928 137		21 0150 40 Tu 0753 159 1437 30 2039 143		6 0156 45 Th 0800 154 1439 35 2047 140		21 0248 66 Fr 0840 139 1509 62 2141 142	
7 0604 157 Th 1227 46 1823 138		22 0056 36 Fr 0707 162 1356 25 1948 138		7 0055 44 Su 0710 151 1350 35 1951 130		22 0228 40 Mo 0834 158 1524 22 2127 139		7 0127 40 Tu 0736 155 1416 27 2020 136		22 0243 49 We 0842 149 1526 38 2137 140		7 0258 52 Fr 0901 146 1541 41 2158 139		22 0408 73 Sa 0949 130 1616 68 2301 141	
8 0024 47 Fr 0642 151 1312 48 1910 131		23 0154 41 Sa 0805 159 1459 25 2056 135		8 0148 47 Mo 0802 149 1446 33 2052 129		23 0330 46 Tu 0931 152 1620 27 2231 139		8 0221 44 We 0828 152 1511 28 2122 135		23 0346 57 Th 0938 140 1621 46 2243 140		8 0416 56 Sa 1017 138 1654 44 2317 142		23 0540 73 Su 1125 128 1736 68	
9 0110 52 Sa 0730 146 1409 48 2009 126		24 0259 45 Su 0908 156 1602 24 2207 135		9 0249 48 Tu 0901 147 1548 30 2201 131		24 0435 50 We 1032 146 1715 31 2333 142		9 0324 48 Th 0930 147 1614 30 2231 136		24 0459 62 Fr 1045 133 1720 51 2350 143		9 0546 54 Su 1144 136 1809 44		24 0014 146 Mo 0651 67 1243 132 1845 63	
10 0209 55 Su 0830 142 1517 46 2124 124		25 0408 47 Mo 1014 153 1703 23 2314 139		10 0358 49 We 1007 147 1654 26 2311 135		25 0541 52 Th 1134 142 1809 34		10 0437 50 Fr 1040 143 1721 31 2343 140		25 0612 63 Sa 1158 131 1819 52		10 0032 151 Mo 0707 46 1304 140 1918 39		25 0111 153 Tu 0745 57 1339 140 1939 55	
11 0320 57 Mo 0940 141 1631 40 2245 127		26 0516 46 Tu 1118 152 1800 22		11 0511 47 Th 1115 148 1758 23		26 0030 147 Fr 0642 51 1232 140 1859 36		11 0557 49 Sa 1155 142 1828 31		26 0049 148 Su 0715 59 1303 133 1914 50		11 0136 161 Tu 0813 34 1409 148 2018 33		26 0156 160 We 0829 46 1423 148 2024 46	
12 0439 53 Tu 1051 144 1740 31 2356 135		27 0014 145 We 0618 44 1217 152 1852 22		12 0017 142 Fr 0623 43 1222 150 1858 20		27 0120 152 Sa 0736 49 1325 140 1944 37		12 0050 148 Su 0712 43 1307 143 1932 29		27 0140 154 Mo 0809 53 1356 137 2002 46		12 0230 172 We 0908 23 1502 155 2109 27		27 0235 167 Th 0908 36 1502 156 2103 38	
13 0554 47 We 1158 150 1841 22		28 0106 152 Th 0713 41 1308 152 1938 23		13 0115 150 Sa 0728 37 1324 152 1954 18		28 0205 157 Su 0825 47 1412 141 2025 37		13 0150 157 Mo 0819 35 1412 146 2029 26		28 0224 159 Tu 0854 45 1442 142 2045 41		13 0318 180 Th 0955 14 1549 160 2154 22		28 0310 172 Fr 0943 29 1537 161 2140 33	
14 0055 145 Th 0658 38 1258 157 1935 15		29 0151 157 Fr 0801 39 1354 152 2018 25		14 0209 157 Su 0827 32 1422 153 2046 18		29 0245 161 Mo 0909 44 1454 142 2103 36		14 0244 165 Tu 0918 27 1510 149 2121 24		29 0302 163 We 0933 39 1521 146 2123 36		14 0401 185 Fr 1038 10 1631 164 2235 21		29 0344 176 Sa 1017 24 1612 164 2215 30	
15 0147 154 Fr 0754 31 1352 162 2024 11		30 0231 162 Sa 0844 38 1434 151 2053 28		15 0258 163 Mo 0923 27 1516 153 2135 19		30 0321 163 Tu 0948 41 1533 143 2138 36		15 0333 172 We 1009 19 1601 152 2209 22		30 0336 166 Th 1009 33 1558 149 2159 33		15 0441 187 Sa 1117 11 1711 165 2315 22		30 0418 178 Su 1050 23 1647 164 2251 30	
		31 0307 165 Su 0923 38 1511 150 2126 31								31 0409 167 Fr 1042 29 1633 151 2234 31				31 0453 178 Mo 1124 24 1722 163 2327 33	

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Quality class 0. Data last updated: 26. March 2026. Downloaded: 16. June 2026.

N67°14.0' E14°37.0'

SALTSTRAUMEN (BODØ)



Tide Table

Tides from Naurstad

September 2026				October 2026				November 2026				December 2026			
Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm	Time	cm
1 0529 175 Tu 1159 28 1759 161		16 0556 173 We 1217 46 1824 169		1 0549 176 Th 1213 45 1817 171		16 0001 64 Fr 0556 167 1201 66 1819 176		1 0032 60 Su 0624 161 1237 70 1849 177		16 0553 158 Mo 1149 81 1810 173		1 0124 51 Tu 0719 165 1323 71 1931 187		16 0022 65 We 0622 161 1217 75 1831 179	
2 0005 37 We 0607 171 1237 33 1838 158		17 0032 54 Th 0630 163 1245 56 1859 163		2 0035 52 Fr 0634 167 1257 54 1904 166		17 0037 72 Sa 0632 159 1234 74 1856 169		2 0142 60 Mo 0737 155 1346 75 1959 175		17 0049 78 Tu 0648 152 1243 85 1904 169		2 0226 51 We 0827 165 1430 74 2035 184		17 0111 64 Th 0716 159 1313 78 1925 176	
3 0048 44 Th 0650 164 1320 41 1924 153		18 0110 64 Fr 0706 153 1318 65 1940 156		3 0131 59 Sa 0728 156 1351 63 2003 162		18 0121 79 Su 0716 150 1317 81 1944 162		3 0256 57 Tu 0858 156 1502 75 2112 177		18 0151 76 We 0757 150 1350 88 2009 167		3 0327 50 Th 0936 167 1540 74 2141 182		18 0209 62 Fr 0821 158 1418 80 2027 173	
4 0138 51 Fr 0739 154 1411 49 2021 149		19 0157 74 Sa 0751 143 1402 74 2034 150		4 0245 63 Su 0840 147 1502 70 2118 160		19 0221 83 Mo 0817 142 1416 87 2049 156		4 0404 51 We 1014 161 1615 71 2221 181		19 0301 72 Th 0915 152 1506 86 2119 168		4 0427 50 Fr 1041 173 1647 73 2245 181		19 0313 60 Sa 0932 161 1531 80 2136 172	
5 0244 59 Sa 0844 144 1517 56 2135 147		20 0308 81 Su 0856 134 1505 81 2153 146		5 0412 61 Mo 1013 144 1624 70 2240 164		20 0346 83 Tu 0947 139 1537 90 2208 155		5 0506 44 Th 1118 170 1720 65 2323 186		20 0410 64 Fr 1028 160 1623 81 2227 173		5 0523 50 Sa 1138 180 1747 70 2343 181		20 0421 57 Su 1043 167 1648 77 2248 173	
6 0413 61 Su 1012 138 1637 59 2259 151		21 0453 81 Mo 1043 131 1639 82 2320 148		6 0531 53 Tu 1138 150 1741 65 2353 172		21 0510 76 We 1118 145 1707 85 2322 161		6 0601 39 Fr 1211 180 1816 59		21 0512 56 Sa 1129 170 1731 73 2330 180		6 0613 52 Su 1228 186 1840 68		21 0526 54 Mo 1146 175 1759 71 2355 176	
7 0544 55 Mo 1146 139 1757 56		22 0612 73 Tu 1212 137 1805 76		7 0638 42 We 1245 161 1847 57		22 0614 65 Th 1223 155 1819 75		7 0016 190 Sa 0648 38 1257 188 1905 55		22 0608 48 Su 1222 180 1829 65		7 0033 180 Mo 0657 54 1312 191 1927 67		22 0626 51 Tu 1243 183 1902 64	
8 0016 160 Tu 0658 44 1301 148 1906 48		23 0026 155 We 0707 61 1309 148 1906 65		8 0054 182 Th 0733 32 1339 171 1942 48		23 0023 169 Fr 0705 52 1314 167 1914 64		8 0102 191 Su 0730 39 1338 193 1948 54		23 0026 186 Mo 0658 43 1310 188 1922 58		8 0118 180 Tu 0737 57 1351 195 2009 66		23 0056 179 We 0720 48 1335 190 2000 57	
9 0119 172 We 0758 31 1359 158 2003 39		24 0116 164 Th 0753 48 1353 158 1953 54		9 0146 190 Fr 0821 26 1424 180 2029 42		24 0115 179 Sa 0751 42 1359 177 2003 54		9 0143 191 Mo 0807 44 1415 196 2027 56		24 0117 189 Tu 0745 42 1355 193 2011 55		9 0158 179 We 0811 60 1426 196 2048 67		24 0152 180 Th 0811 47 1422 196 2052 50	
10 0211 182 Th 0848 21 1447 167 2051 32		25 0158 173 Fr 0833 37 1433 168 2035 44		10 0231 194 Sa 0903 25 1505 186 2111 39		25 0201 187 Su 0734 35 1340 185 1947 48		10 0220 188 Tu 0840 50 1449 197 2102 59		25 0206 190 We 0830 43 1438 196 2059 53		10 0235 178 Th 0843 62 1459 196 2123 67		25 0244 181 Fr 0858 47 1508 200 2142 45	
11 0257 189 Fr 0932 16 1529 173 2134 28		26 0237 181 Sa 0910 29 1510 175 2115 38		11 0311 195 Su 0940 28 1541 189 2149 40		26 0145 192 Mo 0815 33 1420 189 2030 45		11 0254 185 We 0909 56 1520 196 2136 63		26 0253 188 Th 0913 47 1521 197 2147 52		11 0309 176 Fr 0913 64 1530 195 2156 68		26 0333 181 Sa 0943 47 1552 202 2230 41	
12 0338 192 Sa 1011 15 1608 177 2213 27		27 0315 186 Su 0946 26 1547 178 2153 35		12 0347 193 Mo 1013 34 1615 190 2224 44		27 0227 193 Tu 0854 35 1459 190 2112 46		12 0326 180 Th 0935 61 1550 193 2208 67		27 0340 184 Fr 0956 52 1604 197 2237 52		12 0344 173 Sa 0943 66 1600 192 2229 68		27 0421 179 Su 1028 48 1636 203 2317 39	
13 0415 192 Su 1046 19 1644 178 2249 30		28 0353 188 Mo 1022 26 1623 179 2231 36		13 0421 188 Tu 1042 42 1647 189 2257 50		28 0309 190 We 0933 40 1538 190 2155 49		13 0358 175 Fr 1002 66 1619 190 2240 71		28 0428 179 Sa 1041 57 1650 195 2329 52		13 0418 170 Su 1015 68 1632 189 2302 67		28 0508 177 Mo 1113 51 1722 201	
14 0450 188 Mo 1119 27 1718 177 2324 36		29 0430 187 Tu 1058 30 1659 178 2309 40		14 0452 182 We 1109 51 1717 186 2328 57		29 0351 185 Th 1013 47 1618 187 2240 53		14 0432 170 Sa 1031 71 1651 185 2316 74		29 0520 173 Su 1129 62 1738 193		14 0455 167 Mo 1050 70 1706 185 2339 66		29 0005 39 Tu 0558 175 1201 55 1809 197	
15 0524 181 Tu 1149 36 1751 174 2357 44		30 0508 182 We 1135 37 1737 175 2350 45		15 0523 175 Th 1134 59 1747 182		30 0436 178 Fr 1054 55 1701 184 2331 57		15 0509 164 Su 1106 76 1727 179 2358 77		30 0025 52 Mo 0616 168 1222 67 1832 190		15 0535 164 Tu 1130 72 1745 182		30 0054 41 We 0650 171 1253 60 1859 191	
						31 0525 169 Sa 1141 63 1751 180								31 0147 45 Th 0747 168 1351 67 1954 182	

Heights are given in cm above Chart Datum Time is current time in Norway. It is adjusted according to daylight saving time. The transitions are marked with lines. Lunar phases: Full moon ○, new moon ●, first quarter ◐, and last quarter ◑.

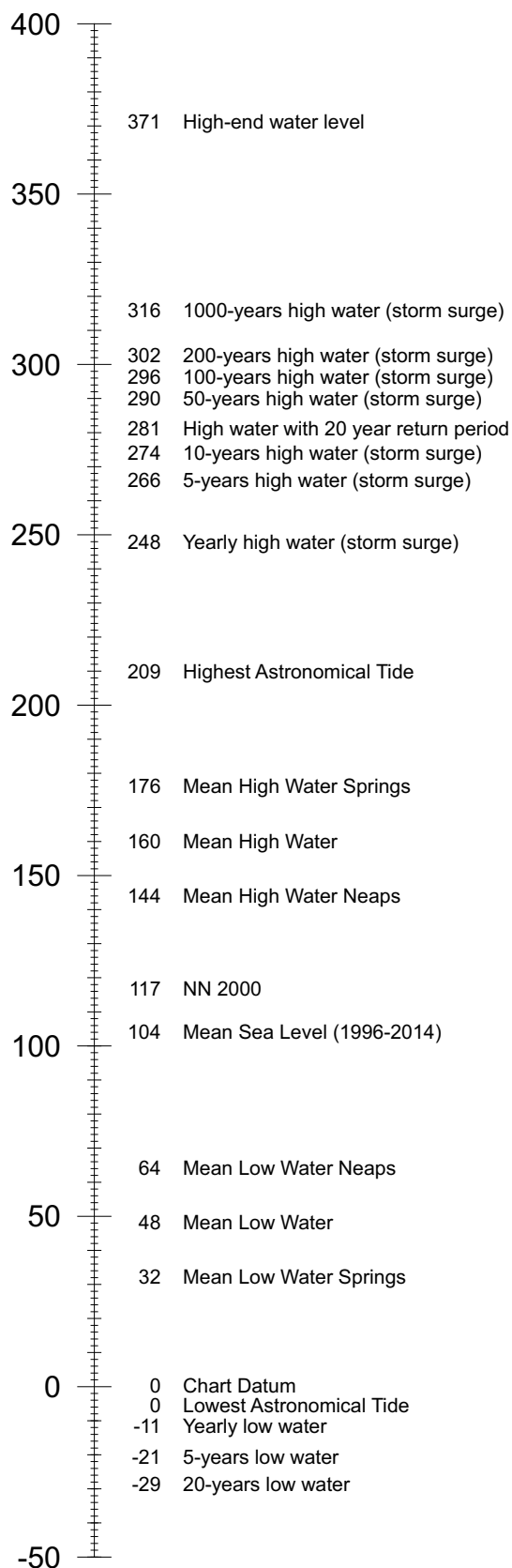
Quality class 0. Data last updated: 26. March 2026. Downloaded: 16. June 2026.

N67°14.0' E14°37.0'

Level diagram

SALTSTRAUMEN (BODØ)

Levels related to tides are from Naurstad, adjusted by a factor of 1.00.



Levels are in cm above Chart Datum which is reference level for depths in navigational charts and heights in tide tables. Data last updated: 26. March 2026. Downloaded: 16. June 2026.

High-end water level

High-end water level is the combination of the highest astronomical tide and a 1-in-1000 years surge.

High-/low water with return period

Statistical calculations of how frequent a high-/low water of a certain size occur. Example: an extreme high water with 50-year return height occur, on average, every 50 year.

Highest Astronomical Tide

The highest tidal level which can be predicted to occur under average meteorological conditions and under any combination of astronomical conditions.

Mean High Water Springs

The average height of the high waters of spring tides.

Mean High Water

The average height of all high waters over a 19-year period.

Mean High Water Neaps

The average height of the high waters of neap tides.

NN 2000

Norwegian vertical datum of 2000

Mean Sea Level (1996-2014)

Average height of the ocean's surface in a periode of 19 years.

Mean Low Water Neaps

The average height of the low waters of neap tides.

Mean Low Water

The average height of all low waters over a 19-year period.

Mean Low Water Springs

The average height of the low waters of spring tides.

Chart Datum

Reference level for depths in navigational charts and heights in tide tables. In Norwegian waters Lowest Astronomical Tide (LAT) is used as Chart Datum north of Utsira (an island close to Stavanger). In the southern part (between Utsira and the Swedish border) the tidal range is small and Chart datum is 20 cm lower than LAT. In the inner Oslofjord Chart Datum is 30 cm lower than LAT.

Lowest Astronomical Tide

The lowest tide level which can be predicted to occur under average meteorological conditions and under any combination of astronomical conditions.